



## EXTRAS

### “Löschbuer”

Even if the rock lining the CR 121 appears unspectacular on first sight, it conceals an exciting history in its past. This is where the remains of the two oldest Luxembourgers (the Löschbuerfra and the Löschbuermann) were discovered. The local information boards will give you more details of this discovery. Or you can watch the video made by the Natur- & Geopark Mëllerdall, before or after your visit.

CR 121  
L-7650 Heffingen  
[www.naturpark-mellerdall.lu](http://www.naturpark-mellerdall.lu)  
[www.mullerthal.lu](http://www.mullerthal.lu)

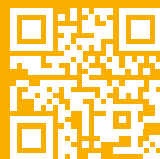


### “Huechemd” Picnic Area

This picnic area, with its shady pavilion and set beside a small pond, is a perfect place for a relaxed picnic, followed by a tour to discover the district of Heffingen.

At the Mandelbaach in Heffingen  
[www.mullerthal.lu](http://www.mullerthal.lu)

Other tours available



## DEN DALL VUN DER WÄISSER IERNZ in Heffingen (Supp)



**PC 5 Section from Supp to Medernach – Actionbound**  
On this 5 km section, you can use the Actionbound app to learn more about the White Ern Valley and solve exciting puzzles.

### PC 5 from Koedange to Medernach – The Valley of the White Ern

The PC 5 cycle path takes you over an easy route beside the White Ern river, from Koedange to Medernach via Supp and Larochette. You can ride the route in both directions, as it is not a circular route.

5,0 km

10,0 km

Supp until Medernach 5,0 km (one path) – 10,0 km (back and forth)

9,6 km

19,2 km

Koedange until Medernach : 9,6 km (one path) – 19,2 km (back and forth)



(WC in Larochette)

### The Starting Point Actionbound

#### Supp-Medernach

Parking in der Supp - L-7653 Heffingen

### The Starting Point PC 5

#### Koedange-Medernach

Parking CR 119 - à Koedange

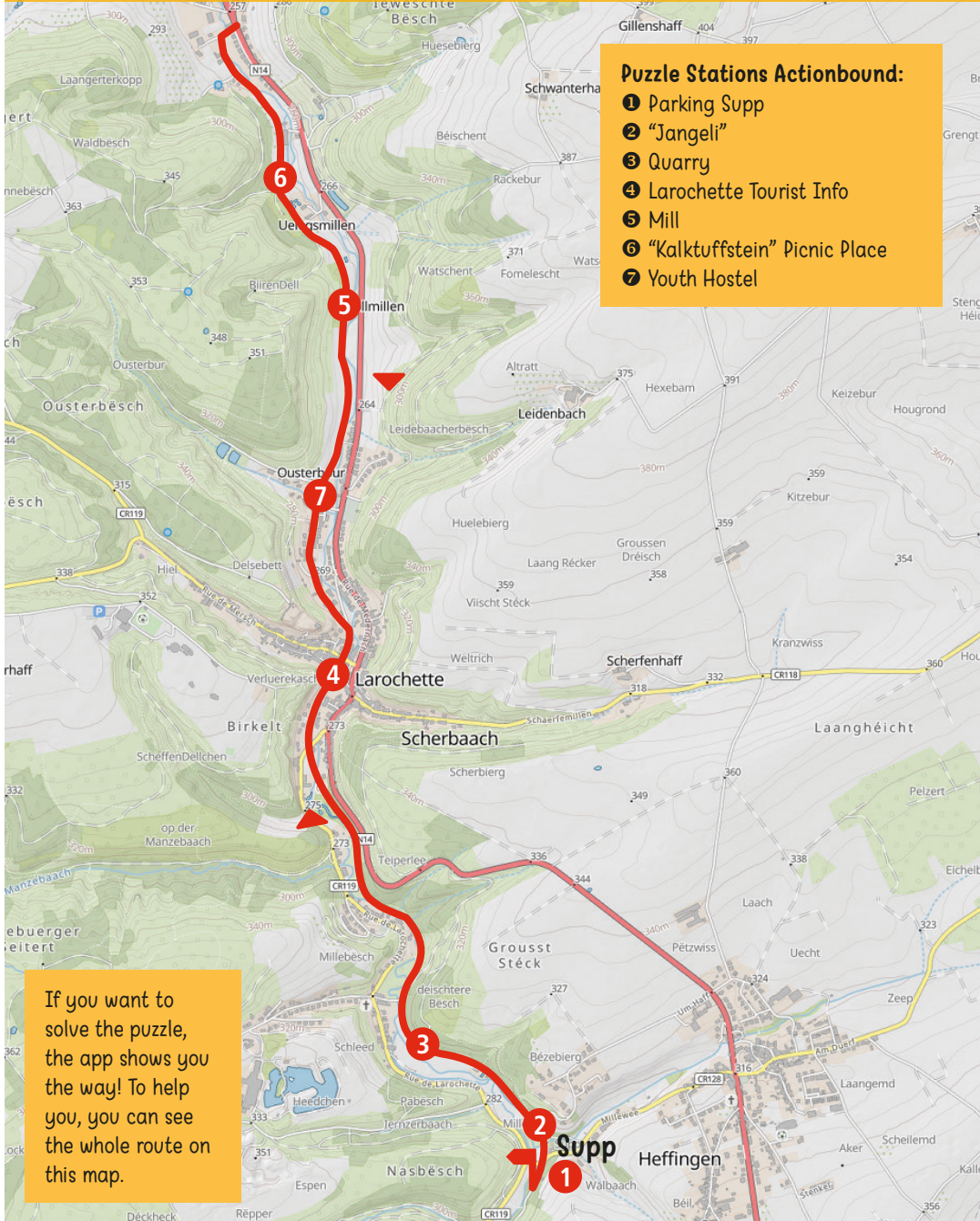


LE GOUVERNEMENT  
DU GRAND-DUCHÉ DE LUXEMBOURG  
Ministère de l'Agriculture,  
de l'Alimentation et de la Viticulture

The European Agricultural Fund for Rural Development:  
Europe investing in rural areas



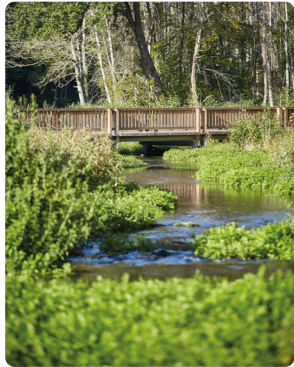
# PC 5 Cycle Path Supp – Medernach



- Puzzle Stations Actionbound:**
- ❶ Parking Supp
  - ❷ “Jangeli”
  - ❸ Quarry
  - ❹ Larochette Tourist Info
  - ❺ Mill
  - ❻ “Kalktuffstein” Picnic Place
  - ❼ Youth Hostel

If you want to solve the puzzle, the app shows you the way! To help you, you can see the whole route on this map.

## Actionbound: “Searching for Traces of the Ancients in the White Ernz Valley”




Solve the mystery concerning your narrator’s identity! On this exciting trail along the PC5 cycle path (Supp-Medernach-Supp), you are not only travelling on a journey into the past, but you also have to solve a series of challenges to find out who is your mystery narrator. Follow the “Supp-Medernach-Supp” section of the PC5, marked on your sheet, using the

Actionbound app to guide you. The cycle route out and back is 5 km long, with 7 stop-off points.

### Find the Word to solve the Puzzle

That was an exciting bike ride, with many thrilling stories. But who is the mystery narrator? Have you found out? Then tell us their name.





For this, you need the Actionbound app. You can download the app free of charge. Scan the QR code, using the app. That will take you straight to the puzzle questions.

